

Doctors Manitoba wants you to have the same exceptional care that you give your patients. We continue to develop a comprehensive continuum of physician health services from prevention to treatment and aftercare supports.

Physician Family Support Program (PFSP) | 1.844.433.DRMB (433.3762)

For personal and work-life issues for you or your dependents, take advantage of the 24/7 Physician & Family Support Program's suite of resources managed by HumanaCare.

Online: humanacare.com/drmb Company ID: DRMBHealth

Physicians at Risk (PAR) | 204.237.8320

If you, your spouse or your adult children are struggling with social, relationship, behavioural, or substance use issues, you can get support from the Physicians At Risk (PAR) Program.

MDCare | 204.480.1310

The MDCare program offers adult, child and adolescent psychiatry and adult psychology assessments and treatments for physicians, spouses or common-law partners, and dependent children (18 years and under).

PFSP	PAR	MDCare	Coverage + Programming Overview (Accessible throughout Manitoba)
			Confidential
			Available to Medical Students
			Available to Residents
			Available to Practicing Physicians
			Available to Retired Physicians
			Available to Members' Dependents (under 18)
			Available to Members' Adult Children
			Counseling
			Financial Information + Resources
			Legal Support + Resources
			Work-Life Issues Support
			Wellness Resources
			24-Hour Live Access
			Psychology & Psychiatry
			Peer Support

Other Health + Wellness Resources

STUDENT
SERVICES @
BANNATYNE
CAMPUS



CMA
WELLNESS
HUB



CPSM
PHYSICIAN
HEALTH
PROGRAM



OTHER
DRMB
SUGGESTED
RESOURCES

