Physician Family Support Program (PFSP) | 1.844.4DOCSMB

For personal and work-life issues for you or your dependents, take advantage of the 24/7 Physician & Family Support Program’s suite of resources managed by ComPsych.

Online: guidanceresources.com   Company ID: DOCSMB

Physicians at Risk (PAR) | 204.237.8320

If you, your spouse or your adult children are struggling with social, relationship, behavioural, or substance use issues, you can get support from the Physicians At Risk (PAR) Program.

MDCare | 204.480.1310

The MDCare program offers adult, child and adolescent psychiatry and adult psychology assessments and treatments for physicians, spouses or common-law partners, and dependent children (18 years and under).

Coverage + Programming Overview

(Accessible throughout Manitoba)

Confidential
Available to Medical Students
Available to Residents
Available to Practicing Physicians
Available to Retired Physicians
Available to Members’ Dependents (under 18)
Available to Members’ Adult Children
Counseling
Financial Information + Resources
Legal Support + Resources
Work-Life Issues Support
Wellness Resources
24-Hour Live Access
Psychology & Psychiatry
Peer Support

To access resource websites via QR codes, simply point your smartphone camera at the graphic and you will be prompted to open the URL.