

## Invitation to Webinar on Women and Girls with Bleeding Disorders January 19<sup>th</sup> at 7 pm

Please share this important information with your colleagues. This presentation important to treaters managing adolescent or pre-adolescent girls to help identify heavy periods. Dr., Price and Dr. Pike will be introducing the Adolescent Menstrual Bleeding Questionnaire (aMBQ), designed to measure the impact of heavy menstrual bleeding on adolescent quality-of-life, and the app, called WeThrive, can identify adolescents who have heavy menstrual bleeding.

Please register at <http://ow.ly/M4bo50HqPlt>

Canadian Hemophilia Society, Manitoba Chapter presents:

### Women & Bleeding Disorders Webinar


## *WeThrive*

"Identifying Heavy Menstrual Bleeding in Adolescents with an mHealth App"

**Dr. Vicky Price MBChB, MSc, FRCPC**  
**Dr. Meghan Pike MD FRCPC**  
Dalhousie University/IWK Health Centre

January 19th at 7 pm via Zoom  
Register at [info@hemophiliamb.ca](mailto:info@hemophiliamb.ca)

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Dr. Meghan Pike is a second-year subspecialty resident in Pediatric-Hematology Oncology at Dalhousie University/IWK Health Centre. She completed her pediatrics training at Dalhousie in 2020 after receiving her medical degree in 2017. Throughout her training, she has worked on creating and validating the Adolescent Menstrual Bleeding Questionnaire (aMBQ), designed to measure the impact of heavy menstrual bleeding on adolescent quality-of-life, which was recently published in RPTH. She secured a grant from the Canadian Hemophilia Society to develop an app to incorporate the aMBQ. The app, called WeThrive, can identify adolescents who have heavy menstrual bleeding; it officially launched on November 10<sup>th</sup>, 2021! Dr. Pike's research interests include bleeding disorders, patient-reported outcome measures and advocacy for menstruators.

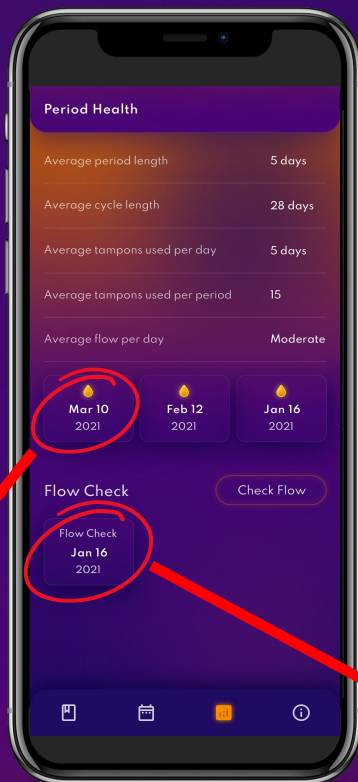


WeThrive

# WHAT CLINICIANS NEED TO KNOW ABOUT WeThrive

## CHECK PERIOD HEALTH SUMMARY

- Average cycle length
- Average period length
- Products used

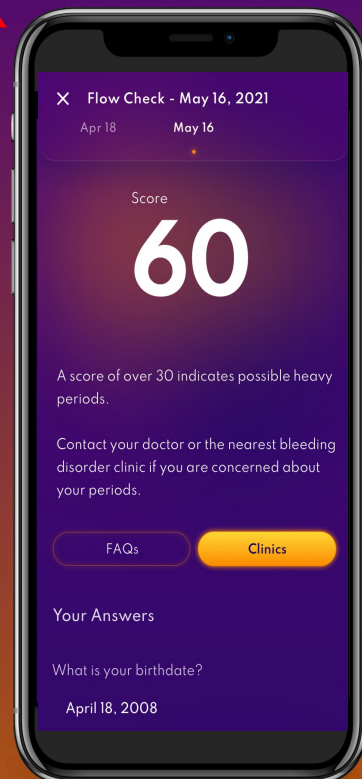


## CHECK PERIOD REPORT

- A score of 100 or higher has a sensitivity of 86% and specificity of 89% for identifying heavy menstrual bleeding (PMID: 22866673)

## FLOW CHECK

- A score of 30 or higher has excellent discriminatory power (AUC 0.92) <https://doi.org/10.1002/rth2.12615>



@we.thrive.app



@We.Thrive.Period