CREATING HEALTHY WORK CULTURE THROUGH TRAUMA-INFORMED LEADERSHIP

Overview
The world has experienced a collective trauma through the COVID-19 pandemic. Canadian physicians were demonstrating disproportionately higher rates of burnout, depression and suicidal ideation before the pandemic: they were already a traumatized workforce. Further mental health impacts and workforce shortages are predicted among health care workers after the pandemic. Medical leaders may be unaware of the role trauma plays at the individual, team and system levels. This course develops leadership skills to foster recovery, build wellness and promote post-traumatic growth in the health care workforce. Delivered as an interactive workshop, it will facilitate a shift to a wellness-informed mindset and encourage you to apply key wellness-informed leadership practices at all levels.

2-day Virtual Course • March 3 & 4, 2023 • 9:30 am – 3:30 pm
PLI Physician Leadership Institute Course

Learning Objectives
- Explore the types of trauma experienced by physicians
- Examine the impacts of trauma at the individual, team and system level
- Reframe physician burnout through a trauma lens
- Discover the principles of trauma-informed (TI) approaches
- Analyze how to translate TI principles into leadership practice
- Recognize how TI principles apply at the system level to create trauma-informed teams and trauma-informed health care organizations
- Develop an action plan to bring TI principles to your leadership practice with team/organizational metrics to measure cultural shift

Faculty: Jennifer Williams, MD FRCPC
Jodi Ploquin, MSc

Registration Deadline: Feb. 1, 2023 (space is limited)

To register for this course, please visit https://bit.ly/PLImarch2023
Course fee: $500

REGISTRATION CANCELLATION POLICY
Registration fees, less a $75 administrative fee, will be returned for cancellations received in writing up to Feb. 21, 2023. Transfers will be accepted for online courses within the same calendar year as long as spots are available. Substitution/Cancellation Policy

CCME CREDITS: This program has been accredited by the College of Family Physicians of Canada for a minimum of 11 Manipro-M1 credits. This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada and approved for a minimum of 11 credits. Participants should only claim credit for the actual number of hours attended.