



# FRIDAYS AT THE UNIVERSITY

## Gynecology Day

Join us for a comprehensive and engaging day focused on enhancing women's health care in the primary care setting. Through practical, evidence-based sessions, you'll develop a structured approach to managing abnormal uterine bleeding, selecting contraceptive methods, and treating perimenopausal and menopausal symptoms. You'll also strengthen your ability to assess common gynecologic concerns and apply up-to-date screening and prevention strategies for cervical, breast, and endometrial cancers. This event offers the tools and knowledge you need to provide more confident, patient-centered care.

## Learning Objectives

By the end of the day, the participants should be able to:

- Develop a structured approach to the evaluation and management of abnormal uterine bleeding in primary care, including pharmacologic and non-pharmacologic interventions.
- Compare and select appropriate contraceptive methods based on individual patient needs, medical history, and current clinical guidelines.
- Effectively manage perimenopausal and menopausal symptoms, including the safe and evidence-based use of hormone therapy, while considering mental health and quality-of-life factors.
- Assess and treat common gynecologic concerns, such as vaginal discharge.
- Discuss the role of screening and prevention strategies in cervical, breast, and endometrial cancers, and appropriately apply current evidence-based screening guidelines.

**December 12, 2025**

**8:20 AM – 1:20 PM**

**Offered digitally  
through the  
University of  
Manitoba**

**Register Now!**



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of Manitoba** | Rady Faculty of  
Health Sciences