



# FRIDAYS AT THE UNIVERSITY

## 2025 - 2026

Fridays at the University is a series that consists of eight sessions held online. The sessions are targeted toward urban and rural family physicians, Royal College fellows, and other primary care health providers. Fridays at the University offers high value, impactful lectures and skills workshops throughout the academic year.

## Learning Objectives

By the end of the Fridays at the university Series, participants will be able to:

- Apply evidence-based clinical approaches to diagnose and manage cardiovascular conditions, women's health concerns, and dermatologic diseases—including appropriate diagnostic testing and culturally sensitive care.
- Integrate harm reduction and mental health care strategies into outpatient practice, including management of substance use disorders, cannabis use in adolescents, common psychiatric conditions, and mental health crises, with adaptations for diverse practice settings. Deliver comprehensive travel and immigrant health services, from pre-travel risk assessment and vaccinations to post-travel illness management, with culturally safe, patient-centered care for all age groups and populations.
- Apply principles of equity, diversity, inclusion to create accessible, bias-aware, and inclusive care environments for patients with specialized needs.
- Appraise on emerging therapies and care models, including wellness interventions (e.g., cold therapy, testosterone replacement, red light therapy) and interprofessional primary care approaches, integrating current evidence with patient preferences.

- Integrating Public Health, Social Responsibility, and Addiction Medicine | Oct 3, 2025
- Cardiology Day | Nov 28, 2025
- Gynecology Day | Dec 12, 2025
- Wound Care Day | Jan 30, 2026
- Travel Health Day | Feb 20, 2026
- Dermatology Day | March 13, 2026
- Mental Health Day | May 8, 2026
- Hot Topics | June 5, 2026

Register for all eight sessions together, or sign up for individual sessions as you see fit!

REGISTER FOR ALL  
EIGHT SESSIONS NOW!



University  
of Manitoba