

TREENA SLATE

CEO, PRAIRIE MOUNTAIN HEALTH

A message for the PMH Team

June 9, 2026

Dear Team

As many of you may be aware, the Swan River area experienced significant rainfall during the weekend storms, resulting in severe flooding, structural damage, and road washouts. These impacts are affecting our staff—many may be unable to travel to work or are managing damage to their homes and property.

We are asking staff who live outside of the Swan River area to indicate if they may be available to assist with staffing needs in Swan River. If you are able to help, please contact:

For Long Term Care: Diana Kokorudz, Director DKokorudz@pmh-mb.ca

For Acute Care: Kristen Peleshok, Director KPeleshok@pmh-mb.ca
Karen Thomas, Director Kthomas@pmh-mb.ca

To our Swan River colleagues, please know that we are thinking of you during this difficult time. We recognize the stress this situation is placing on you and your community. Thank you to those who are able to report to work, are working extended hours, adjusting shifts, or taking on reassigned responsibilities.

For all staff, please do not take unnecessary risks when travelling—especially on roads that may be washed out.

To those directly impacted by the flooding, please take care of yourselves and prioritize your safety and well-being.

Remember there are resources available to support those who are impacted – don't be afraid to reach out!

The Provincial Wellbeing Hub
https://healthproviders.sharedhealthmb.ca/wellbeing-hub/

SCAN ME

Mental Health resources for health-care workers
https://sharedhealthmb.ca/services/mental-health/mental-health-and-wellness-resourcefinder/

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Blue Cross Employee Assistance Program 'Connect Now'
Call 204-786-8880 or toll free at 1-800-590-5553
Employee Assistance Program

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